

Freezer Meals TO-GO

Lincoln Center Hy-Vee Thursday, January 30 @ 3:00- 8:00 p.m.

Make. Take. Enjoy.

What can you expect?

- We assemble 7 *family sized entrees* for you at a flat fee of \$125.
- We make it easy and simple! You pay only the cost of your groceries and a preparation fee; we do the rest! Simply *pay in advance* and pick meals up **at the meat department counter on Thursday 3:00- 8:00 pm.** Pay in advance by calling or coming into the store.
- Nutritious meals that are ready to be cooked and enjoyed. Save time and introduce new recipes to your family!

How Does Simple Fix work?

- Make your reservation online by going to the Lincoln Center Hy-Vee events <u>calendar</u> or with Simple Fix Coordinator Michelle Wild at 515-232-1961 or email <u>1018chef@hy-vee.com</u>
- No need to bring a tote or cooler your meals will be packaged and ready for pick-up at the meat department counter.
- Take home your delicious meals, put them in the freezer and ENJOY later!

What is on the menu for the next event? (Thursday, January 30, 3-8pm pick-up)

- Pot Roast
- Slow Cooked Chicken a La King
- Boneless Pork Loin Roast w/Herbed Pepper Rub
- Mustard Chicken
- Crockpot Chicken Tortilla Soup
- Chicken Pad Thai
- Honey Garlic Meatballs

Throw away stress and bring *simplicity* to dinner time with Simple Fix!

